**Flexibility Support Services**

**Vendors from the Academic Biomedical Career Customization (ABCC) Program**

*(Note: Stanford School of Medicine does not endorse these vendors. This list represents vendors used by the Office of Faculty Development and Diversity in the ABCC program from 2012-2014.)*

***Home Support Services***

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| Description | **Credit equivalence** | **Provider** | **How to redeem** |
| 1 routine home cleaning | 3 credits | Prospera Coops (formerly Women's Action to Gain Economic Security [WAGES])  [finance@prosperacoops.org](mailto:finance@prosperacoops.org) | 1. Go to <prosperacoops.org> and fill out a green cleaning estimate. Indicate in the comments that you are a Stanford pilot participant.  2. Notify the Office of Faculty Development and Diversity. |
| 1 deep home cleaning | 5 credits | Prospera Coops (formerly Women's Action to Gain Economic Security [WAGES])  [finance@prosperacoops.org](mailto:finance@prosperacoops.org) | Same as above. |
| $40 meal delivered | 1 credit | Jessie et Laurent  [jessieetlaurent.com](http://www.jessieetlaurent.com)  Munchery  [munchery.com](https://munchery.com/)  Blue Apron  [blueapron.com](http://www.blueapron.com) | 1. Contact the Office of Faculty Development and Diversity to receive an e-gift certificate. |
| Gift certificate to lunch on campus | 0.5 credits per lunch | Nexus Café | 1. Contact the Office of Faculty Development and Diversity to receive a gift certificate. |
| Car services | 1 credit per $50 used | Uber  [uber.com](http://www.uber.com)  Palo Alto Limo [paloaltolimo.com](http://www.paloaltolimo.com) | For Uber: Contact the Office of Faculty Development and Diversity to receive a gift certificate.  For Palo Alto Limo: Contact the Office of Faculty Development and Diversity with your date/time, starting point/end point. |
| Outsourced tasks | 1 credit per $50 used | TaskRabbit  [taskrabbit.com](http://www.TaskRabbit.com) | 1. Contact the Office of Faculty Development and Diversity to receive an e-gift certificate. |
| Green dry cleaning, laundry, wash-and-fold, or clothing repair service | 1 credit per $40 used | Purple Tie  [purpletie.com](http://www.purpletie.com/) | 1. Contact the Office of Faculty Development and Diversity to receive an e-gift certificate. |
| Amazon Prime membership | 2 credits | Amazon Prime [amazon.com](http://www.purpletie.com/) | 1. Contact the Office of Faculty Development and Diversity to receive an e-gift certificate. |

***Work Support Services***

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| Description | **Credit equivalence** | **Provider** | **How to redeem** |
| 1 hour of website development and/or content development for websites | 2 credits | Science Editors Network (SEN)  [scienceeditorsnetwork.com](http://www.scienceeditorsnetwork.com) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |
| 1 hour of grant writing support | 2 credits | Science Editors Network (SEN)  [scienceeditorsnetwork.com](http://www.scienceeditorsnetwork.com) | Same as above. |
| 1 hour of presentation coaching | 3 credits | Kay Kostopoulos  [kaykost@stanford.edu](mailto:kaykost@stanford.edu) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |
| 1 hour of PowerPoint presentation design | 3 credits | Dog and Pony Show  [dpshow.com](http://www.dpshow.com/) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |
| 1 hour of Life coaching | 4 credits | Dr. Samantha Sutton  [samanthasuttonphd.com](http://www.samanthasuttonphd.com/) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |
| Professional Portrait | 20 credits for professional portrait session, 10 credits for simple portrait | Fisch Fotography (Steve Fisch)  [fischphoto.com](http://www.fischphoto.com/) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |
| 3-hour office organizing session | 5 credits | Caroline Totah, Organizer-coach  [carolinetotah.com](http://carolinetotah.com/) | 1. Contact the Office of Faculty Development and Diversity and you will be placed on the Purchase Order. |